

features television, telephone, internet  
ice.

ages, snacks, television, internet  
ce charging stations are available in  
family members and friends.

during your stay. Although OakLeaf  
not have scheduled visiting hours, we  
erate of other patients.

n the Patient Portal comes from your  
ital Electronic Health Record. This  
access to the most accurate,  
n possible.

## Insurance Information

ital may contact you to obtain health  
al information prior to your surgery.  
urance claim on your behalf. Visa,  
n Express, and Discover are accepted  
ve specific questions on your health  
ease contact your insurance company

billed separately (this includes, but is  
y, anesthesiology, pathology,

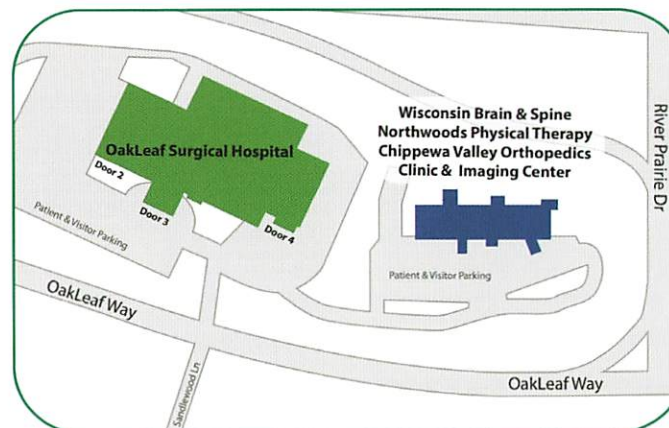
ages and snacks are available for  
urchase meals for a nominal charge  
k.

## Please Bring the Following

- [ ] Your photo ID and health insurance card.
- [ ] Copy of Advance Directive, Living Will, and/or Durable Power of Attorney for Healthcare
- [ ] Please leave all medications at home, unless otherwise directed.
- [ ] A list of your allergies and reactions.
- [ ] Glasses and hearing aids, which may be worn up until the time of your procedure
- [ ] Bring or wear comfortable, loose-fitting clothing such as shorts, sweatpants, t-shirts, or knit tops.
- [ ] Wear or bring comfortable, clean non-skid supportive shoes which are easy to get on and off.
- [ ] Personal items such as a cell phone, tablet, or reading material.
- [ ] A favorite toy, blanket, or stuffed animal for children and/or bottle for baby after surgery.

## For Overnight Stays Please Also Bring

- [ ] Toothbrush
- [ ] Toiletries
- [ ] CPAP/Bipap



### OakLeaf Surgical Hospital

1000 OakLeaf Way Altoona WI 54720  
715.831.8130  
[oakleafsurgical.com](http://oakleafsurgical.com)

#### FROM THE NORTH

Take Hwy 53 Bypass South to River Prairie Drive (Exit 89).  
Turn Left on River Prairie Drive. Turn right on OakLeaf Way.  
Hospital is on the right.

#### FROM THE SOUTH

Take I-94 to Hwy 53 North (Exit 70). Take Hwy 53 Bypass  
North. Follow River Prairie Drive (Exit 89). Turn Right. Turn  
Right on OakLeaf Way. Hospital is on the right.

#### FROM THE EAST (HWY 12)

Take Hwy 12 to Hwy 53 Bypass North. Follow River Prairie  
Drive (Exit 89). Turn Right. Turn Right on OakLeaf Way.  
Hospital is on the right.

#### FROM THE WEST

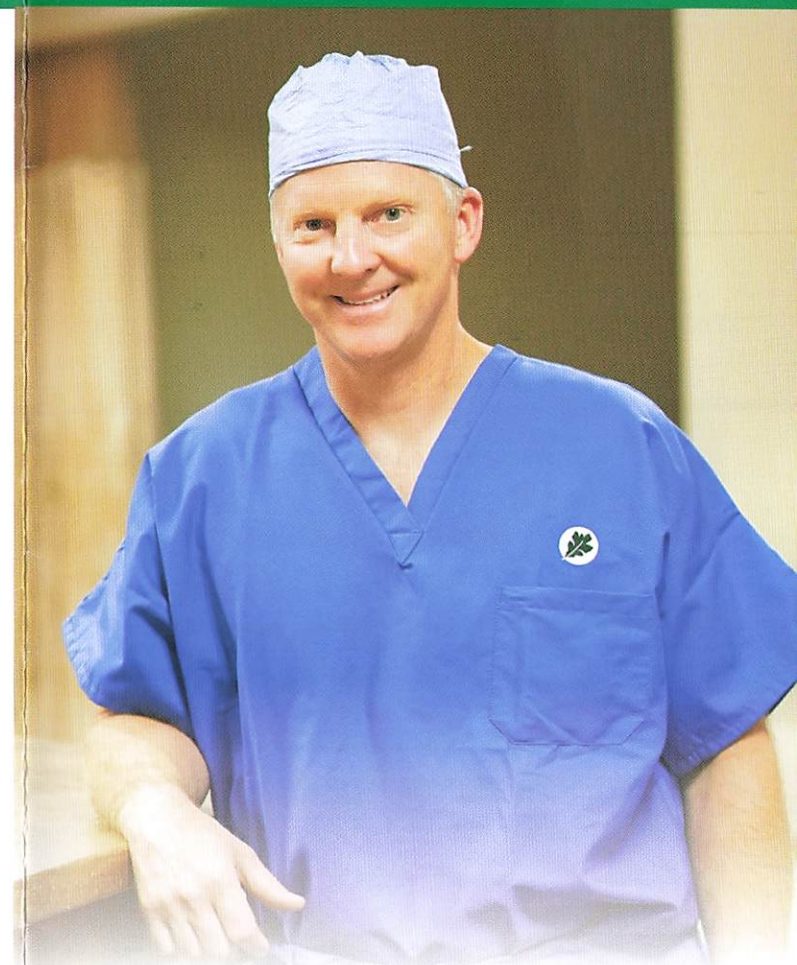
Take I-94 to Hwy 93 North (Exit 68) Turn left. Following Hwy  
93 to Hwy 53 Bypass North. Follow River Prairie Drive (Exit  
89). Turn Right. Turn Right on OakLeaf Way. Hospital is on  
the right.



**OAKLEAF**  
SURGICAL HOSPITAL

physician owned. patient centered.

8/2023



# Planning for Your Surgery



**OAKLEAF**  
SURGICAL HOSPITAL

physician owned. patient centered.



# Planning for Your Surgery

## Before Surgery

- Hospital staff will contact you within two weeks prior to your surgery to gather medical information and review surgery instructions. You will be called with your arrival time one day prior to surgery. If for any reason the nurse is unable to reach you, please call **715.831.8130**.
- When a nurse contacts you with your arrival time, they will also provide you with eating and drinking restrictions and any other specific details necessary. Please tell the hospital staff if there are any changes in your physical condition such as a cold, fever, breakdown in skin (such as a bug bite, injury, animal bite), change in pain level, tooth infection, or antibiotic use within the past two weeks.
- Please contact your primary care provider to guide you on which medications to take the day of surgery.
- Arrange Transportation: A friend or family member will need to provide transportation from the hospital to your home after the procedure or on the day of discharge.
- If a child under age 18 is having surgery, a parent /guardian must remain at the hospital at all times.
- If you plan to bring a service animal, please contact us in advance at **715.831.8130**.

**PLEASE NOTE** A nurse will call you the day before surgery (Friday if your surgery is scheduled for Monday) to let you know what time to arrive at the hospital.



## Day of Surgery

- Bathe or shower - please do not wear make-up, nail polish, lotion, deodorant, artificial nails, or artificial eyelashes.
- DO NOT eat or drink anything past the time provided by the nurse. This includes chewing gum and mints.
- Take medications as directed by your provider.
- Wear comfortable, easy-to-remove clothing such as a jogging suit and tennis or slip-on shoes.
- Wear glasses, not contact lenses.
- Wear hearing aids.
- Arrive at the time given to you by the nurse.

**PLEASE NOTE** Leave money and valuables, such as jewelry, at home.

**PLEASE NOTE** Interpreter services are available throughout your hospital stay.

## Surgical Pathway

### Pre-Surgery

- You will be asked to change into a hospital gown and give your belongings to your nurse or family/friend for secure storage. If you are staying overnight, these items will be delivered to your room.
- You will be asked to remove any contact lenses, dentures, partials, hearing aids, nail polish, and jewelry.
- Your nurse will check your vital signs and review your medical history, medications, allergies, and the procedure you will be having. An IV will be started (except for pediatric patients) and any necessary laboratory work will be drawn.
- You will meet your surgical team.

### Operating Room

- You will be transported to the operating room by your surgical nurse who will be with you throughout your surgery.
- Depending on the length of your surgery, your family and friends will be updated either periodically or following your procedure.

**PLEASE NOTE** Under most circumstances, family members are NOT permitted in the recovery room for privacy reasons. However, parents are allowed in the recovery room to help their minor children with the recovery process.

### Recovery Room

- Depending on the type of anesthesia used, you may be woken up with an oxygen mask over your nose and a small tube in your nose. This provides you with extra oxygen while you are still sleepy.
- You may also experience some discomfort during your time in recovery. Everyone has a different pain tolerance. We will monitor your vital signs and provide pain management so that you are kept comfortable.
- You may experience some nausea as you wake up from general anesthesia. Remember that this is a common occurrence and your care team will do everything to eliminate nausea to help you feel more comfortable.
- If going home the day of surgery, plan to stay in the recovery room before discharge. Your discharge time depends on your procedure.
- For overnight stays, once you have met with your nurse leaving the recovery room, your nurse will take you to your room where you will meet your second nurse.

### What to Expect After Surgery

- Written instructions will be given to you when you are discharged. We encourage a family member to be present during discharge education.
- A nurse will offer to call you after discharge to assist with your recovery process.
- Your post-surgical appointment will be scheduled at our office (Not at OakLeaf Surgical Hospital).